

Brazil at Covid 19 pandemic: Google searching for solutions of new and old problems



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At Brazil, from february to may 2020 the google searching for the word “Immunity” has growth 136% according to Google Trends Brasil. The Covid-19 Pandemic has aroused worry in the population and a need for searching for ways to feel protected against the virus who has obliged them to rethink the way of living and health care.

Strengthening the immunity seemed to be the way to avoid contamination or its complications that the contamination by the virus could bring. As a result, the non-scientifically based recommendations have also increased, developing interest of the population in general for supplementations, immunity shots and superfoods.

It wasn't the first time (nor will it be the last one) that the health professional category, majorly nutritionists, have passed to be largely questioned about the effectiveness of those recommendations: does it do well? What is prohibited? Who's the villain? What is more effective?

Some months in social isolation and security government measures has passed and the searches for “mental health” and “emotional health” has gained relevance.

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How to acquire immunity to the virus and, at the same time, maintain mental sanity in the middle of so much instability? how to conciliate the new routine?

And then, the new studied, tested and approved vaccine arrived in record time. But what seemed to be, finally, a light at the end of the tunnel, became one more worry concerning its efficiency and security bringing hard discussions to light even between the health professionals.

A lot has happened in a tiny time gap that will forever influence human beings' living ways. Searching for answers will always exist. That is what makes us humans.

Science trusting has proportioned high vaccination rates in all of the country and will, with time, proportionate the decrease of several cases, hospitalizations and deaths by Covid-19. For thereby that humanity keeps walking: searching for answers and trusting in science. ■