

# The importance of nursing today: advances and challenges about the trajectory of the profession



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**T**he Journal's most notable proposal is to strengthen research and promote knowledge about people living in situations of vulnerability. The commitment to the dissemination of knowledge, especially on post-pandemic days and, of course, the effectiveness of the social commitment to the population, is the focal point in this month of May when nursing day is celebrated: May 12.

Being invited to write the Editorial was like receiving a proposal to be able to express "why did we choose our profession", that is, to write about the love and dedication that surrounds our art and work. Working with nursing means the full exercise of the "amortization of care" based on the science of care, as we are a profession with its own body of knowledge, which brings in its historical trajectory the doing, knowing and looking with scientific bases.

I continue to explain the example in the brilliant figure of the nurse Florence Nightingale who in 1859 used her knowledge in a systematic way with records of the actions performed. These actions, after being planned and analyzed in data for evaluation of the effectiveness and/or measurement of results, subsidizing a care practice with

the primary reason of potentiating the reduction of infections of the patients under their care. In 1859, the book "Notes on Nursing" was written, so that Florence's notes could be used by caregivers of bedridden people at home.

These notes were written descriptively and with a vocabulary that is easy to understand, providing useful information on managing the patient's daily needs and guidelines for encouraging and supporting self-care. Nursing is the profession that is present in all health units, whether public or private. The role of nursing professionals is very extensive and can contribute to Comprehensive Health Care within the Family Health Strategy, serving children, young people and adults within the various SUS programs. Nursing professionals play an important role in society and during the Covid19 pandemic it made all the difference in the context of public health in Brazil, because regardless of whether they are facing risks of becoming infected and bringing serious health problems to their families, they were part of the front line during this very catastrophic period for humanity.

Challenges will always exist, but overco-

ming them is possible if there are spaces for discussion as a strategy for disseminating knowledge and working methods, basing our actions. I leave here a fraternal hug to all nursing professionals who continuously contribute to nursing based on practices, knowledge grounded by the science that shapes us.

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