

Modulatory Effect of Frequency-Based Therapy Using PC Zapper II and Quantum Flower Essences in Chronic Kidney Disease: A Clinical Case Report in an Elderly Patient

Efeito Modulador da Terapia Frecuencial com PC Zapper II e Florais Quânticos em Quadro de Insuficiência Renal Crônica - Relato de caso Clínico em Pessoa Idosa

Efecto Modulador de la Terapia Frecuencial con PC Zapper II y Flores Cuánticas en un Cuadro de Insuficiencia Renal Crónica: Reporte de Caso Clínico en Persona Mayor

RESUMO

Objetivo: A insuficiência renal crônica (IRC) é uma condição progressiva que pode comprometer significativamente a qualidade de vida do paciente idoso. Relatamos o caso de um paciente de 80 anos, com histórico de internações prolongadas e hemodiálise na fase aguda da doença, que optou por não manter o tratamento dialítico convencional. **Método:** Foi conduzido acompanhamento integrativo com PC Zapper II®, dispositivo de emissão de frequências biofísicas, e Florais Frecuenciais Quânticos com tecnologia Quantum Health®, como abordagem complementar voltada ao equilíbrio físico e emocional. **Resultados:** Após o primeiro ciclo de sessões com o equipamento e manutenção com o uso dos florais frecuenciais quânticos, o paciente já apresentou significativa melhora clínica e tendo passado já três anos de seguimento, o paciente permanece bem, com estabilidade funcional, redução dos níveis séricos de ureia e creatinina e manutenção de qualidade de vida satisfatória. Vale salientar que a nutrição celular proporcionada por suplementação alimentar de alta biodisponibilidade também representou importante fator para a recuperação do paciente. **Conclusão:** Este caso sugere que terapias frecuenciais com PC Zapper II® e florais frecuenciais quânticos podem contribuir como suporte integrativo em pacientes com IRC, promovendo bem-estar e engajamento no autocuidado, sem substituir intervenções médicas convencionais, o que neste caso ocorreu pela vontade e desejo do paciente em não mais submeter-se às terapias convencionais.

DESCRIPTORIOS: Insuficiência Renal Crônica; Terapias Energéticas; Terapia Floral; Práticas Integrativas e Complementares; Qualidade de Vida.

ABSTRACT

Objective: Chronic kidney disease (CKD) is a progressive condition that can significantly impair the quality of life of elderly patients. We report the case of an 80-year-old patient with a history of prolonged hospitalizations and hemodialysis during the acute phase of the disease, who chose not to continue conventional dialysis treatment. **Method:** An integrative follow-up was conducted using the PC Zapper II®, a biophysical frequency-emitting device, together with Quantum Frequency Flower Essences® (Quantum Health® technology) as a complementary approach aimed at restoring physical and emotional balance. **Results:** After the first cycle of sessions with the device and maintenance therapy using the quantum frequency flower essences, the patient exhibited marked clinical improvement. Following three years of continuous follow-up, the patient remains in good condition, showing functional stability, decreased serum urea and creatinine levels, and sustained quality of life. It is noteworthy that cellular nutrition supported by high-bioavailability dietary supplementation also played an important role in the patient's recovery. **Conclusion:** This case suggests that frequency-based therapies employing the PC Zapper II® and quantum frequency flower essences may serve as integrative support in patients with CKD, promoting well-being and engagement in self-care without replacing conventional medical interventions—although, in this particular case, the discontinuation of conventional therapy was the patient's own decision.

DESCRIPTORS: Renal Insufficiency; Energy Healing; Floral Therapy; Complementary Therapies; Quality of Life.

RESUMEN

Objetivo: La insuficiencia renal crónica (IRC) es una condición progresiva que puede comprometer significativamente la calidad de vida del paciente mayor. Se presenta el caso de un paciente de 80 años, con antecedentes de hospitalizaciones prolongadas y hemodiálisis en la fase aguda de la enfermedad, que optó por no continuar con el tratamiento dialítico convencional. **Método:** Se realizó un seguimiento integrativo con PC Zapper II®, un dispositivo

de emissão de frequências biofísicas, y Flores Frecuenciales Cuánticas con tecnología Quantum Health®, como enfoque complementario orientado al equilibrio físico y emocional. **Resultados:** Tras el primer ciclo de sesiones con el dispositivo y el mantenimiento mediante el uso de las flores frecuenciales cuánticas, el paciente mostró una mejora clínica significativa y, después de tres años de seguimiento, permanece estable, con reducción de los niveles séricos de urea y creatinina, y manteniendo una calidad de vida satisfactoria. Cabe destacar que la nutrición celular proporcionada por suplementación alimentaria de alta biodisponibilidad también representó un factor importante para la recuperación del paciente. **Conclusión:** Este caso sugiere que las terapias frecuenciales con PC Zapper II® y flores frecuenciales cuánticas pueden contribuir como soporte integrativo en pacientes con IRC, promoviendo bienestar y compromiso con el autocuidado, sin reemplazar las intervenciones médicas convencionales, lo que en este caso se debió a la voluntad y decisión del paciente de no someterse más a las terapias convencionales.

DESCRIPTORES: Insuficiencia Renal Crónica; Terapias Energéticas; Terapia Floral; Terapias Complementarias; Calidad de Vida.

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INTRODUCTION

Chronic kidney disease (CKD) is a condition of growing public health concern due to its high morbidity and mortality, as well as its substantial economic impact. According to a recent systematic review, the global prevalence of CKD ranges from 8 to 16% in various populations, with specific data indicating that in Brazil the prevalence reaches approximately 10% of the adult population, with a gradual increase over the years.¹

Chronic kidney disease is a multi-

factorial illness that usually progresses asymptotically in its early stages, making early diagnosis difficult. Its traditional risk factors include diabetes mellitus, hypertension, cardiovascular diseases, as well as socioeconomic and environmental factors. The progression of the disease is marked by a decline in the glomerular filtration rate (GFR), leading to the end-stage, in which kidney failure occurs and renal replacement therapies, such as dialysis or transplantation, become necessary.²

Chronic kidney disease (CKD)

has a profound impact on patients' quality of life and represents a high cost for the Brazilian Unified Health System (SUS). According to recent studies, CKD significantly increases morbidity, leading to functional limitations, decreased work capacity, and a worsening of overall quality of life, especially in advanced stages of the disease.³

Mortality associated with kidney failure is high. Studies indicate that patients with advanced-stage CKD have up to a 20 times greater risk of death than the general population, es-

pecially from cardiovascular diseases. Kidney failure is considered an independent risk factor for cardiovascular events, reinforcing the need for early intervention strategies.⁴

Early detection and proper management of risk factors are crucial to reducing morbidity and mortality related to kidney failure. New approaches, including complementary therapies and frequency therapies, are being investigated to expand the arsenal of treatment strategies.

In this report, the objective was to improve the patient's overall health status with the combined use of two energy therapies: the PC Zapper II® frequency emitting device (Nova Ciência Global, São Paulo – SP, Brazil) and quantum frequency flower essences with Quantum Health® technology (Fisioquantic S/A, Maringá – PR, Brazil).

Integrative Approaches to Chronic Kidney Disease

Chronic kidney disease (CKD) is characterized by a progressive reduction in kidney function, resulting in the accumulation of nitrogenous substances, hydroelectrolytic disturbances and, in advanced stages, the need for hemodialysis or kidney transplantation.⁵

Elderly patients may exhibit resistance to conventional treatment due to the complexity of care and the emotional impact of invasive interventions. In this context, integrative therapies can act as a complement, promoting energy balance, emotional support, and quality of life.^{6,7}

Chronic kidney disease (CKD) can also be addressed with natural therapies, which act as complements to conventional approaches, aiming to protect and improve kidney function, as well as relieve associated symptoms. Traditional Chinese herbal medicine, for example, has been used to treat kidney dysfunction, with scientific evidence demonstrating

that several medicinal plants act in the prevention and control of kidney damage through antioxidant, anti-inflammatory, and renin-angiotensin system modulating mechanisms.⁸

Plants such as *Phyllanthus amarus*, *Psidium guajava*, and *Punica granatum* have demonstrated nephroprotective effects in preclinical studies, reducing markers of kidney injury, inflammation, and oxidative stress, suggesting potential benefits for patients with chronic kidney disease (CKD). Furthermore, teas and extracts of horsetail, dandelion, and quebracho are popularly used to aid kidney function, exhibiting diuretic and antioxidant properties that may contribute to the complementary management of the disease.⁹

In addition, integrative practices such as acupuncture and mind-body techniques can help improve quality of life by reducing symptoms such as pain, fatigue, and anxiety, which are common in chronic kidney disease patients. Diet and nutritional therapy are also important pillars, with recommendations for controlling minerals such as calcium, phosphorus, and potassium, as well as strategies to prevent disease progression.¹⁰

It is important to emphasize that the use of natural therapies should be supervised by healthcare professionals and/or specialized therapists to avoid drug interactions and adverse effects, thus ensuring safe and integrated treatment.

Biophysical therapies based on the use of specific frequencies have been used to modulate and balance various health conditions, in the face of various illnesses. In particular, we have been using them, especially frequency therapy with the PC Zapper II® equipment and the continued use of quantum frequency flower essences, and have collected satisfactory results, as in the clinical case reported in this work.

Frequency-based biophysical ther-

apies, such as the PC Zapper II®, emit low-intensity modulated frequencies, while Quantum Flower Essences aim to balance physical, emotional, and energetic aspects, contributing to self-care and patient engagement. In both therapies, the frequencies are primarily directed towards modulating the patient's renal function, acting as frequency inducers for the organs involved and their functions of neutralizing and eliminating toxins.

Frequency Biophysical Therapies: Raymond Rife and Hulda Clark

Frequency-based biophysical therapies owe much to the work of scientists such as Royal Raymond Rife (1888-1971) and Hulda Clark (1928-2009). Rife was a great inventor and researcher who claimed to have developed a very high-magnification microscope (the "Universal Microscope") and a frequency therapy device (electromagnetic wave generator) designed to "destroy pathogenic microorganisms" by resonance.¹¹ According to reports, Rife stated that each microorganism had a "deadly oscillatory frequency" (MOR – "Mortal Oscillatory Rate") which, when applied, would lead to its destruction without damage to human tissue.¹²

However, the consensus in the literature is that "Rife technology has been rejected by the American Medical Association as quackery" and that robust scientific evidence of its effectiveness is lacking.

Hulda Clark (1928-2009) was a researcher and practitioner of "alternative" therapies who proposed that "all diseases — including cancer — originate from parasites, environmental toxins, and electrical dysfunctions" in the body.

She developed devices, including the so-called "Zapper," which generates low-voltage currents at specific frequencies (for example, ~30 kHz) with the aim of "eliminating parasites,

bacteria, and viruses."¹³

Clark published works such as *The Cure for All Diseases* where he details his protocols. His theory is based on the principle that "every living organism emits or responds to frequencies, and that these can be manipulated to restore health."¹⁴

Both Rife and Clark start from the idea that the human body and microorganisms are vibrational or electromagnetic systems, and that, according to them, the application of a correct frequency can lead to the destruction or modulation of pathogenic organisms or dysfunctional cells.

This perspective connects with broader areas of biophysics, such as the study of extremely low frequency (ELF) electromagnetic fields, cellular bioelectromagnetism, electrical stimulation, and the non-thermal effects of non-ionizing radiation. For example, studies indicate that low-frequency electromagnetic fields can induce epigenetic changes in U937 cells or modulate potassium channels in cellular systems.¹⁵

Another study shows that very low electromagnetic field (ELF-EMF) therapy reduced markers of oxidative stress in post-stroke rehabilitation patients.¹⁶

Thus, there is an emerging scientific basis that frequencies and electromagnetic fields can influence cellular processes, although they do not necessarily validate the specifics of Rife's or Clark's proposals.

The work of Rife and Clark represents historical milestones in thinking about frequency and bioenergy therapies—proposing that the organism can be affected by electromagnetic frequencies as part of a broader living system.

However, the transposition of these ideas into effective and validated clinical practice has not yet occurred according to current scientific standards. Contemporary research in bioelectromagnetism opens avenues

to explore how fields and frequencies can modulate biological systems, but with much weaker bases than those claimed by the original therapies.

Whenever we use or investigate these therapies, we do so with a critical and open mind: considering benefits, risks, flaws in evidence, and never disregarding conventional health care.

Quantum Frequency Flower Essences

Quantum therapies, including quantum flower essences, have been gaining ground as integrative approaches to addressing chronic kidney disease (CKD), complementing conventional treatments. These methods work by promoting energy balance, reducing oxidative stress, and modulating the immune system, which are important for CKD patients who frequently face chronic physiological and emotional stress.

Scientific studies on quantum frequency flower essences have been intensified, and numerous professionals have already reported extraordinary harmonization results with patients. We highlight the work we have done with children with Microcephaly, where their motor, respiratory, and cognitive gains were very significant, using flower gels with Quantum Health® technology: Mentalis®, Calmallis®, and Oxyflower®.¹⁷

This work was carried out using traditional and reliable scientific methods, through established instruments and accompanied by health professionals from various areas. Even so, as we will describe below, the traditional scientific method does not always offer means to measure scientific gains, especially in studies involving individualized and subtle assessments.

Several studies have highlighted the modulating effects of quantum frequency flower essences. We emphasize their effects on microbial growth

*in vitro*¹⁸, in cases of phytophotodermatitis¹⁹, in Temporomandibular Dysfunction and Chronic Headache²⁰ and Atopic Dermatitis.²¹

Thus, depending on the study model, it is possible to prove the effectiveness of quantum frequency flower essences as modulating agents of human physiology, with positive effects on a wide variety of dysfunctions or illnesses.²²

CASE REPORT

This work is characterized as a descriptive observational study of the clinical case report type, in which the longitudinal follow-up of an elderly patient with chronic renal failure (CRF) is presented. The study describes the clinical, laboratory, and symptomatic evolution over three years of follow-up, during which integrative therapeutic interventions were applied, including biophysical frequency therapy with a PC Zapper II® frequency-emitting device and quantum frequency flower essences with Quantum Health® technology. The case report was submitted to the Research Ethics Committee of the Health Sciences Center of the Federal University of Paraíba, CAAE: 94290925.6.0000.5188.

As a case report, the study has no control group, does not aim to establish causality, and is limited to documenting a unique clinical experience, highlighting the patient's individual response to the therapies used. This type of study is especially relevant for:

- To document innovative or underexplored clinical interventions;
- To formulate initial hypotheses about potential therapeutic benefits;
- To contribute to the literature in emerging areas of integrative therapies;
- To stimulate future research through analytical or experimental studies.

An 82-year-old male patient with a history of coronary artery bypass surgery and liver disorders presented with severe renal failure, a history of prolonged hospitalization, and dialysis treatment during the acute phase. After discharge, he was advised by the medical team to maintain permanent hemodialysis, under the risk of worsening and death.

The patient refused to continue conventional treatment, expressing a desire to remain at home and not depend on hemodialysis. When his family brought him to the integrative health service, he was in a debilitated clinical state, with elevated serum urea and creatinine levels, hyporexia, weakness, and apathy.

The family reported that this would be, according to the patient, "the last attempt" at treatment. After evaluation and dialogue about the clinical context, follow-up with a biophysical-frequency and vibrational focus was initiated, with the free and informed consent of the patient and family.

Integrative Approach

The integrative protocol included:

1. Weekly sessions of frequency biophysical therapy with the PC Zapper II® device (Nova Ciência Global, São Paulo – SP, Brazil) (Figure 01), configured for frequencies aimed at systemic balance, renal and hepatic function. The equipment has software with specific application programs for various situations and works connected to a computer via the audio input. During use, the patient connects to the device, holding two sticks connected to the base of the device, for the time determined by the program (Figure 02). The sessions lasted just over two hours (2 hours and 18 minutes), during which the programs were performed. The session cycle lasted 6 weeks, which was repeated after 2

months, totaling 3 initial cycles for the first 6 months.

- The PC Zapper II® protocols for the first semester cycle were as follows:

- **Chronic Kidney Failure**

- Frequencies in hertz determined by the device: 9.2, 10, 40, 440, 1600, 1550, 1500, 880, 802, 650, 625, 600, 444, 1865, 146, 250, 125, 95, 72 and 20 Hz. Each programmed frequency lasted 180 seconds, totaling 60 minutes of application.

- **Frequency Modulation of the Kidneys**

- Frequency in hertz determined by the device: 625hz for 10 minutes. Program repeated once, totaling 20 minutes of application.

- **Liver Support** - Frequencies determined by the device: 33.13, 1552 and 802 Hz. Each programmed frequency lasted 180 seconds, totaling 9 minutes. This programming was repeated for a total of 18 minutes of application.

- **Heart-Weakness** - Frequencies determined by the device: 80, 160, 20, 73, 3.9, 3000, 880, 787, 727, 465, 125, 95, 20 and 1.2 Hz. Each programmed frequency lasted 180 seconds, totaling 40 minutes of application.

2. Throughout the treatment period and between session cycles, the patient used five (05) quantum frequency flower essences: Filter® drops - intended for the energetic balance of kidney functions; Renaldetox® drops - intended for the energetic balance of the kidney detox function; Hepatodetox® drops - intended for the energetic balance of the liver detox function; Cardinalis® gel - intended for the energetic balance of the heart and Linfodetox® drops - intended for the energetic balance of lymphatic

drainage. The patient was instructed to use all flower essences for a minimum period of 06 months, applying the gel flower essence to the skin, massaging one drop onto the chest area for 30 seconds 3 times a day, and 15 drops of each liquid flower essence in a glass of water 2 times a day, for better monitoring of the case's progress. The use of Quantum Frequency Flower Essences also contributes to vitality, emotional balance, acceptance and willpower (Figure 02);

3. Additional guidelines on adequate hydration, functional nutrition recommended by a nutritionist, and light exercise (short walks and stretching).
4. It is worth noting that during treatment and to this day, the patient uses capsule supplements with proven quality and excellent bioavailability, which has certainly contributed to improving the patient's biological terrain, allowing for adequate cellular nutrition to cope with CKD, along with the vibrational information contained in frequency therapies. MagCatal® with high Magnesium content 350mg: Magnesium Taurate, Dimagnesium Malate and Magnesium Bisglycinate (4 capsules a day); B Complex + Choline® 545mg (2 capsules a day) and Vitamin K2 MK-7® 120µg (2 capsules a day) (Catalmedic Indústria de Suplementação Alimentar, Maringá – PR, Brazil).

The therapy was conducted in an integrative and complementary manner, without abrupt replacement of medical drug treatments, and with periodic laboratory monitoring.

Figure 01. PC Zapper II® Equipment and Moments from Frequency Therapy Sessions



Source: Author's own work (2025)

Clinical Evolution

After the first few weeks, a subjective improvement in well-being, appetite, and physical disposition was

observed (Table 01).

In subsequent evaluations, urea levels, initially at 165 mg/dL, and creatinine at 4.6 mg/dL, showed a significant reduction, although still

remaining above the recommended ideal values. In the latest tests, performed every 4 months, the urea level has remained at 81 mg/dL and creatinine at 2.3 mg/dL.

Table 01. Clinical evolution of the patient, according to clinical and laboratory findings

Period	Urea	Creatinine	Energy / Strength	Appetite	Daily activities	PC Zapper II® Sessions	Quantum Floral Adjustments
Month 0 (start)	Elevated (165 mg/dL)	Elevated (5.6mg/dL)	Low	Reduced	Limited	Initial	Initial
6 months	Significant reduction (103mg/dL)	Significant reduction (3.9mg/dL)	Moderated	Improved	Partial	Bimonthly	Initial adjustments
12 months	Significant reduction (87mg/dL)	Significant reduction (3.2mg/dL)	Good	Good	Active	Quarterly	Review of flower essences
24 months	Significant reduction (82mg/dL)	Significant reduction (2.7mg/dL)	Good	Good	Active	Four-monthly	Maintenance
36 months	Significant reduction (81mg/dL)	Significant reduction (2.3mg/dL)	Excellent	Excellent	Full	Four-monthly	Maintenance

Experience Report

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After three years of follow-up, the patient remains clinically stable, active, lucid, and with a good quality of life, attending maintenance appointments every four months and undergoing new sessions with the PC

Zapper II® and adjustments to the quantum flower essences, with the continuous use of Filther®, Renaldetox®, and Cardinalis® products (15 drops of each frequency in a glass of water twice a day).

Currently, he is free of uremic symptoms, performs his daily activities, participates in social events, and maintains a positive attitude towards life and health.

Figure 02. Quantum frequency flower essences were used in this case.



Source: www.fisioquantic.com.br

DISCUSSION

The case described suggests that the integrative use of frequency-based biophysical therapies can promote functional and psychophysical improvement in patients with serious chronic diseases, acting as an energy and emotional modulator.

Although the precise mechanisms of action of these approaches are still under investigation, studies indicate that low-intensity electromagnetic fields and specific frequencies can influence cellular processes, redox metabolism, and intracellular signaling.^{6,23}

It is worth noting that this report is not intended to replace conventional medical practices, but to contribute to the dialogue between science, biophysics, and integrative practices, highlighting the role of energy balance in promoting holistic health.

This case report demonstrates a significant clinical improvement in an elderly patient with Chronic Kidney Disease (CKD) undergoing integra-

tive follow-up with the PC Zapper II® device (frequency therapy) and continuous use of quantum flower essences with Quantum Health® technology. This evolution suggests potential mechanisms and supporting factors that deserve reflection.

Firstly, from a biophysical point of view, there is experimental evidence that radiofrequency electromagnetic fields (RF-EMF) and pulsed magnetic fields (PMF) can exert a nephroprotective effect, with anti-inflammatory, antioxidant and anti-apoptotic action, in an animal model of acute kidney injury: "It was observed that both RF-EMF and PMF promoted the normalization of blood urea and creatinine levels".²⁴ A study in patients with chronic kidney disease on hemodialysis showed that the application of extremely low frequency pulsed fields (ELF-PEMF) in combination with exercise can improve the quality of life of these individuals.²⁵

Frequency therapy works by modulating these emissions, promoting the rebalancing of cellular energy, which can result in the restoration of organ-

ic functions lost due to alterations in the vibrational pattern.²⁶ Researchers, such as quantum biologist Bruce Lipton, propose that the cell membrane functions like a brain where the environment (including vibrational signals) exerts control over cellular behavior, implicating this mechanism in the regulation of health.²⁶

These findings support the plausibility of the mechanism by which well-programmed frequency therapy (with the PC Zapper II® and Quantum Frequency Flower Essences) can promote functional modulation of the kidneys, reduction of oxidative stress, and improvement of residual renal function, as observed in this case.

A recent study showed that terahertz waves (THz – 2.88) can induce some biological effects in certain human breast and melanoma tumor cells. These effects are significant for possible applications in future tumor treatments. Obvious morphological changes were observed, especially early apoptotic phenomena, in both cancer cells. Flow cytometry results further confirmed that some cancer cells

underwent early apoptosis. An assessment of the thermal effects suggests that the apoptosis observed in both cancer cells can be attributed mainly to the non-thermal effects induced by the strong THz waves. According to the authors, the findings indicate the potential for using strong THz waves in the treatment of non-inflammatory cancer in the future.²⁷

From an integrative perspective, frequency therapy should not be understood as a substitute for, but rather as complementary to, conventional practices, offering additional benefits in terms of analgesia, tissue regeneration, improved quality of life, and psychosocial support. Especially in contexts of chronic pain, musculoskeletal rehabilitation, and mental health, its association with other therapeutic interventions can optimize clinical outcomes, reduce the use of medication, and increase patient adherence to treatment.

From an integrative perspective, frequency therapy should not be understood as a substitute for, but rather as complementary to, conventional practices, offering additional benefits in terms of analgesia, tissue regeneration, improved quality of life, and psychosocial support. Especially in contexts of chronic pain, musculoskeletal rehabilitation, and mental health, its association with other therapeutic interventions can optimize clinical outcomes, reduce the use of medication, and increase patient adherence to treatment.²²

Nevertheless, clinical practice should observe known contraindications, such as use in pregnant women, individuals with pacemakers, or individuals with uncontrolled epilepsy.²⁸

Despite the encouraging results, it is important to recognize the methodological limitations of the available literature. Many studies have small sample sizes, lack of adequate blinding, and heterogeneity in protocols (frequencies, intensities, session

durations). These factors make it difficult to generalize the findings and reinforce the need for multicenter, randomized clinical trials with greater methodological rigor.

In the context of quantum flower essences as a vibrational and integrative resource, there are clinical trials that indicate improvement in anxiety symptoms and quality of life in interventions with flower essences — although the evidence is still modest and not specifically focused on CKD. For example, in a randomized trial, the use of flower essences reduced anxiety symptoms, improved sleep, and heart rate in overweight/obese adults.²⁹ Another study explored perceptions of university therapists regarding the use of flower essences versus placebo in anxiety, finding positive responses, albeit with limitations in its design.³⁰

In the context of this clinical case, the use of quantum flower essences, in addition to the vibrational information carried by the products used, with positive effects on renal function, also helps with the patient's emotional engagement, increased motivation, and improved self-care behavior (diet, exercise, adherence to sessions) — factors that, combined with frequency therapy, created an environment conducive to functional recovery.

Additionally, the patient's age and decision-making factor stand out: the individual, at 82 years old, refused conventional hemodialysis and committed to an integrative approach, thus strengthening their proactive role in their healthcare. This engagement can act as an important mediating variable in the results, since adherence to treatment and lifestyle are determinants of better prognosis in chronic kidney disease (CKD).⁵

Finally, this case reinforces the importance of an integrative approach that combines biophysical modulation (frequencies) + emotional/energetic support (flower essences) + lifestyle changes + adequate and high-quality

cellular nutrition (Magnesium, B Complex, Choline and Vitamin K2 MK7) + patient engagement. The synergy of these elements can increase the chances of clinical improvement, although it does not fully replace conventional medical care.

It is important to emphasize that at no point was the patient discouraged from conventional medical treatment. The decision not to undergo hemodialysis procedures was exclusively his. Thus, our position was simply to respect him and assist him with other therapeutic options that have no contraindications and that, with their integrative nature, could contribute to his overall condition.

CONCLUSION

Three years of follow-up with biophysical therapies using frequency-emitting equipment and quantum frequency flower essences demonstrated favorable clinical evolution and functional stability in an elderly patient with chronic kidney failure, reinforcing the importance of integrative approaches focused on the human being in a holistic way: physically, emotionally, and energetically.

In short, frequency therapy should be understood as an integrative and complementary tool that does not replace conventional treatments, but can enhance clinical results, reduce drug use, improve quality of life, and offer new therapeutic perspectives to patients with different health conditions.

In this case reported here, it is concluded that the combination of the use of the PC Zapper II® and Quantum Frequency Flower Essences with Quantum Health® technology and adequate nutritional supplementation promoted significant benefits to the patient and in the real control of the chronic kidney failure condition, with positive effects on their overall health.

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